



Bereavement group community resources

Kaiser Permanente Hospice

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Central San Diego

Kaiser Hospice (day adult group at Garfield Specialty Center)....	(619) 641-4100
Caring Ministry (La Jolla) – Quarterly..... www.griefshare.org	(858) 454-0713
Jewish Family Services..... www.jfssd.org	(858) 637-3210
Naval Hospital Eagles Wings..... (2 groups for military spouses or parents)	(619) 234-9464
Grief Share – First United Methodist Church www.fumcsd.org	(619) 297-4366
Sharp Hospice..... www.sharp.com/services/hospice/classes.cfm	(619) 667-1900
Vitas Innovative Hospice Care..... www.vitassandiego.com	(858) 499-8901

East County

Kaiser Hospice (evening adult group - La Mesa).....	(619) 641-4100
Sharp Hospice Care (several groups)..... www.sharp.com/hospice	(619) 667-1900

North County Coastal

Hospice by the Sea (Solana Beach)..... www.hospicebythesea.org	(858) 794-0195
Hospice of the North Coast (Carlsbad)..... www.hospicenorthcoast.org	(760) 431-4100

North County Coastal continued

Lightbridge Hospice (Sorrento Valley)..... www.lightbridgehospice.org	(858) 458-2992
Scripps Memorial Hospital Encinitas	(800) 304-4430

North County Inland

- Kaiser Hospice (adult day group – San Marcos) (619) 641-4100
- Elizabeth Hospice (Escondido)..... (800) 797-2050
www.elizabethhospice.org

South County

- Kaiser Hospice (adult day group - Otay Mesa) (619) 641-4100
- Spanish Group – Vitas (evening group – National City)..... (619) 474-4844

Special Interest Bereavement Groups

Lesbian & Gay Community

- San Diego LGBT Community Center..... (619) 692-2077
www.thecentersd.org

After a Substance Abuse Passing

- Grief Recovery After Substance Passing/GRASP..... (619) 793-8958
www.grasphelp.org

After a Violent Loss

- Center for Compassionate Care (Elizabeth Hospice) (760) 737-2050
https://elizabethhospice.org

Parents of Murdered Children, Inc

- (619) 281-3972
http://www.pomc.com/sandiego_chapter/index.html

Survivors of Suicide Loss

- Numerous support groups and various locations..... (619) 482-0297
www.soslsd.org

Children/Teens/Families

Elizabeth Hospice/Camp Spero

- Counseling, support groups, bereavement camp..... (760) 796-3701
www.elizabethhospice.org/grief-support/children/

Hospice of the North Coast (Carlsbad)

- (760) 431-4100
(parents/children/teen groups; summer Camp Hope for families)
https://hospicenorthcoast.org

Kites of Hope Group: Bereaved Parents of Children w/Cancer

- (858) 966-7493
www.rchsd.org

Death of a Child

- Compassionate Friends..... (619) 583-1555
(parents & siblings, any age child, any type of death)
www.sdtcf.org

- Empty Cradle..... (619) 595-3887
(death of a baby due to stillborn, miscarriage, or infant death)
www.emptycradle.org

Twins

- Twinless Twins (for those who have lost a twin)..... (619) 291-3931
www.twinlesstwins.org